

FROM CONFLICT TO Connection

A WEEKEND FOUNDATION TRAINING IN NONVIOLENT COMMUNICATION (NVC)
WITH INTERNATIONALLY CERTIFIED CNVC TRAINER DORSET CAMPBELL-ROSS



In times of stress we often say things that sabotage getting what we want. We criticise or blame instead of making a request. Shining the light of our consciousness on the thoughts and feelings that precede our words, reveals choices that are more likely to meet our needs. We can also choose to hear ourselves and others in ways that foster connection, rather than separation.

Join us if you wish to :

- ~ Develop a deeper connection with yourself and others
- ~ Raise consciousness around your thoughts and the words you choose to express yourself — and the choices you have in hearing others.
- ~ Create and maintain balance and harmony, whatever the circumstances.

NVC enhances awareness, offering practical and easy to learn tools for conscious ~ and effective ~ communication.

Saturday & Sunday 25 - 26 May 2019

9:00am to 4:30pm

at Romdeng #74, Street 174, Phnom Penh

USD140 per person

INFO & BOOKINGS: nvc.pnp@gmail.com



Dorset has 20 years experience in teaching communication skills internationally.

Creating a safe and supportive environment, he uses visual aids, role-play and experiential small group work to enable easy learning.

A former professional musician, his use of song, humour and empathy make his workshops entertaining, educational and transformational.

Dorset recommends getting familiar with NVC before attending this workshop.

Visit www.cnvc.org or purchase Marshall Rosenberg's book 'NVC A Language of Life' from www.nvcworks.com

**nvc
works!**
nvcworks.com